

Newsletter Volume 55 July, 2022

It is certainly summer time in Spring, Texas. Most of us are finding the 100+ degree temperatures difficult. Also, as we think over the events of the last several weeks we are deeply saddened and some of us feel a bit overwhelmed. So, it might be worth taking a few moments to rest and be kind to ourselves. In a recent newsletter Northwest Assistance Ministries offered the following suggestions:

- Give yourself and others permission to feel emotions It's okay to cry, vent with someone you trust, and journal your thoughts.
- Unplug from the news and social media.
- Spend time with trusted family, friends, and others in your support system - hug them and tell them how much they mean to you.
- Pray, meditate, breathe.
- Remind yourself of beauty and goodness play with your dog or kitty, nature walks, birdwatching, play with your children, gaze at the stars, whatever you enjoy.
- Act through attending community events, donating to your place of worship or trusted organizations, and/or writing letters to your representatives, voting.
- Ask for help when overwhelmed, and take a break.

We all must remember to open our doors and step outside. It is important that we do not isolate ourself from others. We gain support and strength from each other. We are all in this together. And no matter your faith tradition, remember these ancient words; "*God is our refuge and strength, an ever-present help in trouble.*" - *Psalm 46:1* 



## Starting on Friday, July 1, is the Plastic Free Ecochallenge.

Plastic pollution now contaminates the deepest trenches in the ocean, high mountain peaks, and even the air we breathe – plus recently being found in our blood. Plastic has entered the food chain, killing wildlife, and causing the average person to eat one credit card's worth of plastic each week. To take action to affect change, join the Plastic Free EcoChallenge. You select the challenges you'd like to accomplish during the month and when/how you do them. You can join as an individual, create your own team, or join an existing team. You are invited to consider joining one of the two teams listed below. Learn more at: <a href="https://plasticfree.ecochallenge.org/">https://plasticfree.ecochallenge.org/</a>.

Join the Lutherans Restoring Creation – Gulf Coast team at: <u>https://plasticfree.ecochallenge.org/participants/join?referral\_code=2f02b43</u> <u>7-c6a1-4b89-84c1-82740e495ad7&team\_invitation=true&team\_id=20241</u>.

Join the Interfaith Environmental Network of Houston team at: https://plasticfree.ecochallenge.org/participants/join?referral\_code=57e7e24 b-05c8-4199-9efc-0d99c59abe89&team\_invitation=true&team\_id=20242



## Women's Voices

The **Women's Voices** interfaith discussion group will hold our regular monthly gathering on **Thursday, July 7**<sup>th</sup> from **12:30 PM to 2:30 PM**. We invite women of all faiths (or women with no faith community) who want to engage in respectful discussion about spiritual issues with their neighbors to join us. This meeting will be a "Hybrid" meeting. We will meet in-person in the Oasis Room at **Northwoods Presbyterian Church**, 3320 Cypress Creek Pkwy (FM 1960), at the intersection with T.C. Jester, Houston TX 77068. But if you are not able to attend in person but you would like to participate online, please contact Linda Barry in advance (<u>I\_barry@sbcglobal.net</u>) to make a reservation to join the meeting via Zoom.

"In our next few gatherings, the group will be working with journaling and learn ways to reflect on our life happenings and to pass on our stories as a legacy. For our first "story" in our journal the suggested writing prompts are: 1) Take an old family photograph and describe who/where/when/what is happening. 2) Think of your childhood home. Describe the house or the town or the people who lived there. 3) Describe a very happy moment or period from your childhood. Or write whatever is on your soul that needs to be written now.

In the fall we will read and discuss <u>The Book of Hope</u> by Jane Goodall. If you'd like to know more about this group, please contact Nancy Agafitei. Her email address is: <u>nancy.agafitei@gmail.com</u>





Vaccines will be offered at Holy Comforter Episcopal Church again on Friday, July 22, 2022.



# Hiring Event

In Partnership with WorkTexas

## Friday, July 8, 2022 10 AM - 1 PM

Harrell Family Opportunity Center located behind NAM at 15555 Kuykendahl Road Houston TX 77090



## JOB SEEKERS MUST REGISTER AT THE LINK OR QR CODE

HTTPS://TINYURL.COM/3HUCNYT2



Employers will HIRE ONSITE for the following:

- CONSTRUCTION
  ELECTRICAL
- WELDING
- WAREHOUSE
  FORKLIFT DRIVERS
- MEDICAL
- ADMINISTRATIVE
- CUSTOMER SERVICE
  AND MORE!

## Bring multiple resume copies

## Dress for the job you are applying for

## **BE PREPARED TO INTERVIEW ON THE SPOT!**

Due to professional nature of the event, no children allowed please.

NAM Learning & Vocational Training Center Assistance namonline.org • (281) 885-4555

Job seekers area asked to pre-register for the event: <u>HTTPS://TINYURL.COM/3HUCNYT2</u>



## **Join us for "Full Moon Circle"** Tuesday, July 12, 2022 | 6:30 p.m.



Plymouth United is offering a "Full Moon Drum Circle" on the night of each full moon. **The next Full Moon Drum Circle will be on Tuesday, July 12, at 6:30 PM.** 

Everyone is invited and welcome on any or all of the dates listed below. To participate in the Drum Circle, you need to bring a lawn chair and if you have a percussion instrument such as a drum or tambourine, etc. you can bring that as well. If you do not have an instrument or if you don't want to bring an instrument, simply bring your chair and come. You can select an instrument from those provided at the entry table or you may simply clap or tap your foot.

When you arrive bring your chair into circle, listen, meditate, join in the rhythm of the drumming. Relax and find the rhythm that feels natural and then do what your body does naturally.

Plymouth United invites everyone to join us for our next Full Moon Drum Circle on **Tuesday**, **July 12<sup>th</sup> at 6:30 PM**. Also please join us on the following dates as well:

Full Moon Circle are dates. Tues, July 12 Fri, Aug 12 Sat, Sept 10 Sun, Oct 9 Tues, Nov 8 Tues, Dec 6 Each gathering will begin at 6:30 PM



# Saturday, July 16, 2022 7am-1pm

You may donate items, have your own table or come to shop. Call Hosanna Lutheran Church at 281-440-6890 for more information.



# 10am-2 pm

Hosanna Lutheran Church along with Houston Health Department, Harris County Health Department, Hearts of Rescue and Thrivent Financial will provided free health and wellness checks, screenings and vaccinations. Location: Hosanna Lutheran Church 16526 Ella Blvd

Houston, TX 77090

## **Open Wide Our Hearts Community Conversations Group**

St. Ignatius of Loyola Catholic Church in Spring, Texas invites you to join us for a monthly online community conversation about race, faith, and finding our way forward in love. Each *Open Wide Our Hearts* meeting includes a presentation on a relevant topic. This month the topic will be "Reflection on Fratellti Tutti (Part 1) Confronting the Culture of Isolation". After the short presentation, a small group discussion follows. Meetings are held online from **10am-noon**. This month's conversation will be on **Wednesday, July 20<sup>th</sup>.** 

Please join the conversation by clicking on the following link: https://us02web.zoom.us/meeting/register/tZAude-rqDMjHdM-AbcNDBZLVhUnNPFQ2SDL

Or for more information contact Amy Auzenne at <u>aauzenne@silcc.org</u> or call **281-370-3401**.



# AED/CPR Training

# AED/CPR TRAINING Holy Comforter Episcopal Church Saturday, August 13 8:00 AM – 4:00 PM

- Hands on and video training
- HIS Certificate good for 2 years
- Cost \$65.00
- Need a minimum of 10 people for the class to make

For more information email: office@holycomforterspring.org





Save the date!

## Saturday August 13, 2022 Community Block Party 2-6 pm Location: Hosanna Lutheran Church 16526 Ella Blvd Houston, TX 77090

- Come for free fun, food and activities.
- This year is especially challenging for parents with school age children, so in addition to other activities, we will be stuffing the kids' back packs with school supplies.

If you wish to donate school supplies, please send or bring them to Hosanna Lutheran Church prior to the event. All are invited! For more information call: Hosanna Lutheran Church at: 281-440-6890

# **Klein Texas Family History Center**

## YOU'RE INVITED

to visit the Family History Library to find your ancestors using FREE sites like FamilySearch, Ancestry.com, Find My Past, and more.

Volunteers are there to help YOU during the hours show below



16535 Kleinwood Dr. Spring, TX 77379

# Klein Texas Family History Center

Email: TX\_Klein@familyhistorymail.org Phone: 212-960-3709

Open: Tuesday, Wednesday, Thursday 10:00 am - 1:00 pm

> Wednesday Evening 7 - 8:30 pm

Zoom Classes are offered every Thursday at 7 pm CST

Link: https://uso2web.zoom.us/j/87539232330...

Meeting ID: 875 3923 2330 Passcode: 216471 A list of the Topics can be found here: <u>Zoom Class Topics</u>



821 Peakwood Houston, TX 77090 Phone 832-965-5511 Email: <u>infor@hopecenterhouston.org</u>

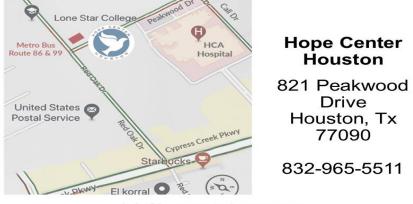
Website: www.hopecenterhouston.org



Serving the homeless community in Northwest Houston

#### Monday-Friday Breakfast 9am & Lunch 12pm-1pm Showers, Laundry, Clothing, and Counseling by appointment.

Visit the Center in person or call to schedule your appointment.



info@hopecenterhouston.org

#### **Health Care for Guests**

The Hope Center is now offering heath care to their homeless guests every Tuesday and Thursday and Harris County Health Department visits twice a month to offer Covid-19 vaccinations, boosters, and flu shots to any of our guests, staff, and volunteers free of charge.

#### **Volunteers & Donations Needed**

Hope Center Houston is currently seeking volunteers. If you are interested, please click <u>here</u> to sign up. Also, we welcome donations and they may be dropped off Mon.-Fri., from 9am-12pm. For a complete listing of their current needs please visit: <u>https://www.hopecenterhouston.org/</u>



NAM offers many programs and services to those in need in our community including, food Assistance programs, Meals on Wheels for seniors, rental assistance, showers and clean clothes for the homeless, support for families experiencing domestic violence, employment training, as well as mental health programs and assistance for Veterans.

## SURVIVAL OVER SUMMER BOWL-A-THON Friday, August 5<sup>th</sup> Saturday, August 6<sup>th</sup> iTZ Family Food & Fun - Willowbrook

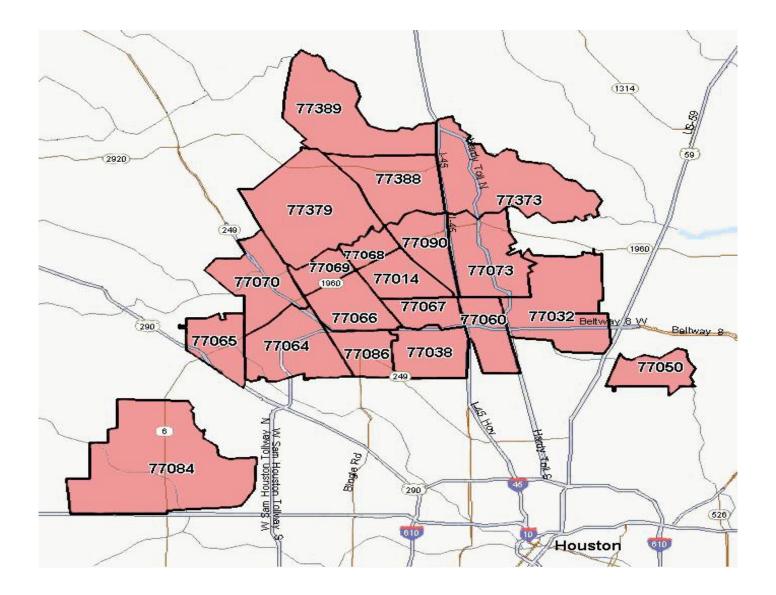


Help NAM meet its goal of \$25,000 while having fun with your family and friends at NAM's Survival Over Summer Bowl-a-Thon. Summer can be a difficult time for Houston-area residents and NAM sees a 50% increase in need for services over summer.

NAM need our help to continue providing much needed services this summer, so please save the date, call your friends, and register your team today!

Register at: https://www.namonline.org/bowling

## ZIP Codes Served by Northwest Assistance Ministries



## **Resources Available to the Spring Community**

So, if your faith community has a resource to offer, please send an email containing information about that resource to <u>springinterfaithcouncil@gmail.com</u> and we will include the information on the listing.

| Resource                   | What is provided                                                                                              | Provider/Sponsor                                                                                | Contact Information                                                                                                                                                                           |
|----------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Medical Clinics            | Medical Care                                                                                                  | Masjid Al Salam Mosque                                                                          | <u>ahsanhuq@sbcglobal.net</u>                                                                                                                                                                 |
|                            | Medical Care                                                                                                  | Northwest Assistance<br>Ministries (NAM)                                                        | Assistance Office at 281-583-<br>5600                                                                                                                                                         |
| Housing                    | Rehousing (1)                                                                                                 | Northwest Assistance<br>Ministries (NAM)                                                        | Assistance Office at 281-583-<br>5600                                                                                                                                                         |
|                            | Rehousing (2)                                                                                                 | Hope Center Houston                                                                             | Mon- Fri at<br>821 Peakwood<br>Houston, TX 77090<br>Phone 832-965-5511                                                                                                                        |
| Transportation             | Transportation                                                                                                | Northwest Assistance<br>Ministries (NAM)                                                        | Assistance Office at 281-583-<br>5600                                                                                                                                                         |
| Family Support             | Food pantry,<br>Counseling,<br>Health Services,<br>After School<br>Clubs, Literacy,<br>Educational<br>Support | Bridging For Tomorrow<br>www.bridgingfortomorrow<br>.org<br>Serving ZIP Codes: 77066,<br>77086, | 5351 W. Richey Road<br>Houston, TX 77066<br>Phone: 281-203-0830<br>Email:<br>infor@bridgingfortomorrow.org                                                                                    |
| Employment<br>Assistance   | Counseling and<br>training to help<br>those who lost jobs                                                     | Northwest Assistance<br>Ministries (NAM)                                                        | Assistance Office at 281-583-<br>5600                                                                                                                                                         |
| Food                       | Food                                                                                                          | Northwest Assistance<br>Ministries (NAM)                                                        | Assistance Office at 281-583-<br>5600                                                                                                                                                         |
| Mobil Food<br>Distribution | Food                                                                                                          | Kinsmen Lutheran<br>Church, Bridging for<br>Tomorrow, Houston Food<br>Bank                      | 1 <sup>st</sup> & 3 <sup>rd</sup> Saturdays 8-11 AM<br>Mobil Food Distribution at<br>Kinsmen Lutheran Church,<br>12100 Champion Forest Dr,<br>Houston, 77066 Phone: 281-444-<br>3137, ext 143 |
| Clothing                   | Clothing                                                                                                      | Northwest Assistance<br>Ministries (NAM)                                                        | Assistance Office at 281-583-<br>5600                                                                                                                                                         |

#### Resources for the Spring Community - Updated 3-27-2022

# **Do You Have An Announcement?**



If you have an event or announcement you would like to include in future newsletters, please send the information to Linda Barry at <u>springinterfaithcouncil@gmail.com</u>. Our newsletter will be sent out via email no later than the first week of each month. Therefore, please send the information about your event or announcement no later than the 15<sup>th</sup> day of the month prior to the event.

# **Subscription Information**

If you have friends who might enjoy receiving this newsletter, please forward this copy of the newsletter to them. Anyone can subscribe by clicking the following link <u>Subscribe to Newsletter</u> and then ask to receive our newsletter. Or if you do not wish to receive this newsletter in the future, please click the following link and ask to have your name removed from our subscribers list. <u>Please</u> remove my name Or you may call Linda Barry at 281-350-8420 to subscribe or unsubscribe. Also, please feel free to print and post this newsletter on your faith community bulletin board.

#### **BULLETIN BLURBS**

## These snippets are available for you to copy and paste into your faith community bulletins or to print out and serve as a personal reminder

#### Women's Voices Meeting

The next Interfaith Women's Voices' monthly meeting will be on **Thursday, July 7**<sup>th</sup> from **12:30 PM to 2:30 PM** at Northwoods Presbyterian Church, 3320 Cypress Creek Pkwy (FM 1960), Houston TX 77068, and also available on Zoom. For more information or the Zoom link email: Linda Barry at <u>L barry@sbcglobal.net</u>

#### **COVID-19 Vaccinations**

Harris County Public Health will offer COVID-19 vaccination on **Friday**, **July 8<sup>th</sup> and on Friday**, **July 22<sup>nd</sup>** from **9:00 AM to 4:00 PM** at Holy Comforter Episcopal Church, 2322 Spring Cypress Road, Spring TX 77388.

#### NAM and WorkTexas Hiring Event

WorkTexas and Northwest Assistance Ministries will hold a hiring event on **Friday, July 8<sup>th</sup>** from **10:00 AM to 1:00 PM** at NAM's Harrell Family Opportunity Center, 15555 Kuykendahl Road, Houston, TX 77090. Register at: <u>https://TINYURL.COM/3HUCNYT2</u>

#### Full Moon Drum Circle & Labyrinth Walk

Plymouth United Church will a Full Moon Drum Circle and Labyrinth Walk on **Tuesday**, **July 12<sup>th</sup> beginning at 6:30 PM** at Plymouth United Church, 5927 Louetta Road, Spring, TX 77379.

#### **Community Yard Sale**

Hosanna Lutheran Church will hold a Community Yard Sale on **Saturday, July 16<sup>th</sup>** from **7:00 AM to 1:00 PM** at Hosanna Lutheran Church, 16526 Ella Blvd, Houston, TX 77090.

#### **Community Health Fair**

Hosanna Lutheran Church, Harris County Health Department and Thrivent Financial will hold a Community Health Fair on **Saturday, July 16<sup>th</sup>** from **10:00 AM to 2:00 PM** at Hosanna Lutheran Church, 16526 Ella Blvd, Houston, TX 77090.

#### **Open Wide Our Hearts Community Conversation**

St. Ignatius of Loyola Catholic Church will host the next "Open Wide Our Hearts Community Conversation" on Zoom on **Wednesday, July 20<sup>th</sup> at 10 AM**. Use this link to register <u>https://us02web.zoom.us/meeting/register/tZAude-rqDMjHdM-AbcNDBZLVhUnNPFQ2SDL</u> or email aauzenne@silcc.org or call 281-370-3401.

#### NAM Bowl-A-Thon

Northwest Assistance Ministries will offer a Bowl-A-Thon, at iTZ Family Food & Fun – Willobrook on **Friday & Saturday**, **August 5<sup>th</sup> & 6<sup>th</sup>**. For more information or register online at: <u>https://www.namonline.org/bowling</u>

#### **AED/CPR Training**

AED/CPR Training will be offered on **Saturday, August 13<sup>th</sup>** from **8:00 AM to 4:00 PM** at Holy Comforter Episcopal Church, 2322 Spring Cypress Road, Spring TX 77388. Cost is \$65/person in advice. To register or for more information email: <u>office@holycomforterspring.org</u>

#### **Community Block Party**

Hosanna Lutheran Church will host a Community Block Party on **Saturday, August 13<sup>th</sup>** from **2:00 PM to 6:00 PM** at Hosanna Lutheran Church, 16526 Ella Blvd, Houston, TX 77090. For more information call Hosanna Lutheran Church at 281-440-6890.